

The Movement Project SMS Terms & Conditions

By opting in to receive SMS messages from The Movement Project, you agree to receive recurring automated text messages related to your participation with our studio. These messages may include class reminders, schedule changes, billing notifications, competition and performance updates, event information, registration reminders, and other studio-related communications.

Message Frequency

Message frequency varies based on your enrollment and participation in studio activities.

Message & Data Rates

Message and data rates may apply based on your mobile carrier's plan.

Opting Out

You may opt out of receiving text messages at any time by replying **STOP** to any SMS message. After opting out, you will no longer receive SMS communications unless you opt in again.

Help

Reply **HELP** to any message for assistance, or contact us directly at **833-415-0499** or **themovementprojectco@gmail.com**.

Consent

Your consent to receive SMS messages is not a condition of purchasing any goods or services or enrolling in classes.

Carrier Disclaimer

Wireless carriers are not responsible for delayed or undelivered messages.

These Terms & Conditions may be updated periodically. Continued participation in our SMS program constitutes acceptance of any changes.